

SNAP Rules Are Changing

Advocacy Toolkit

Requirements for SNAP, our nation's most effective food assistance program, will change significantly on February 1, 2026. Thank you for sharing information and resources with your community. Your voice matters. Together, we can keep our neighbors informed and connected to critical nutrition and grocery benefits.

SHARE THIS INFORMATION BY FEBRUARY 1

SOCIAL MEDIA POSTS

Use the designs and sample captions to share important information regarding the upcoming SNAP changes across your social platforms.



DOWNLOAD SAMPLE CAPTIONS & GRAPHICS

NEWSLETTERS BULLETINS WEBSITES

Use the designs and sample copy to communicate the upcoming SNAP changes with your community.



DOWNLOAD SAMPLE COPY & GRAPHICS

POSTERS | FLYERS | POWERPOINT SLIDES

Use these files to print and distribute materials in your community. Post information to screens or create your own presentations.

DOWNLOAD FILES

REQUEST A PRESENTATION OR EVENT IN YOUR COMMUNITY

The Greater Chicago Food Depository will come to your next event or gathering to speak about the new SNAP changes and provide one-on-one support for neighbors.

COMPLETE THE REQUEST FORM

Together, we are greater. Together, we can end hunger.

Questions? Need more materials? Contact us a publicpolicy@gcfd.org.