

TALKING TO YOUR DOCTOR

LEARN HOW TO MAKE THE MOST OF YOUR DOCTORS VISITS WITH THESE SIMPLE TIPS

SET AN AGENDA

- Your visit may only last 15-20 minutes, so it is important to **prepare your questions and concerns** ahead of time
- Introduce your agenda at the **start of your visit** to maximize your time



BE HONEST

- Providing **detailed information** helps your doctor get the full picture of your overall well-being
- Your doctor is **required to protect your privacy**, so you are free to share your honest concerns



ASK QUESTIONS

- Medical terminology can be complex and confusing, so **ask questions** if you are unsure about your doctor's advice
- Try **repeating the information** back to your doctor to ensure you understood everything



COLLABORATE

- **Work with your doctor** to determine the best treatment plan for you
- Share your worries and your questions about all potential treatment options

