

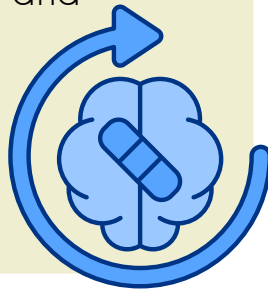
STROKE REHABILITATION

LEARN MORE ABOUT THE PROCESS OF REHABILITATION AS YOU WORK TO BUILD **STRENGTH AND INDEPENDENCE** AFTER A STROKE

REHABILITATION BASICS

There is hope after a stroke, rehabilitation aims to:

- Build your **strength** and **confidence**
- Work on physical and communication functions



WHO IS THERE TO HELP?

Many support teams include:

- Your physician and neurologist
- Physical therapist
- Communication specialist
- Psychiatrist
- Recreational therapist
- Vocational counselor



WHAT WILL YOU DO?

- Daily activities like eating, bathing and dressing
- Mobility assistance
- Communication and social skills
- Memory and problem solving



LEARN MORE

CALL
1-888-4-STROKE

Or visit [stroke.org](https://www.stroke.org) to learn more about rehabilitation or find local support groups

