

Winter Fruit Salad



**GREATER
CHICAGO**
- FOOD -
DEPOSITORY.

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Serves: 6

Prep: 15 minutes

INGREDIENTS

- 5 clementines, peeled and separated*
- 2 pears, sliced
- 2 apples, sliced
- 1 pomegranate, deseeded
- 3 kiwis, peeled and diced
- 1 banana, peeled and sliced (optional)
- 3 tablespoons honey
- 1 lime, juiced
- 1 lemon, juiced

DIRECTIONS

1. Combine all fruit in a large mixing bowl.
2. To make the optional dressing, combine honey, lime juice, and lemon juice in a small bowl. Stir until honey is dissolved, microwaving for 10 seconds if necessary.
3. Drizzle dressing over salad and toss gently to combine. Serve immediately or cover and refrigerate.

*Substitutions

5 clementine peeled and separated	—>	3 oranges, peeled and chopped
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Nutrition Information	
<i>Serving size: 1/6 of recipe without dressing</i>	
Total calories	127
Total fat	0.4 g
Saturated fat	0 g
Cholesterol	0 mg
Sodium	2 mg
Carbohydrates	33 g
Fiber	6 g
Sugar	23 g
Protein	1 g

Recipe source:
natashaskitchen.com