Watermelon Salad with Feta and Mint

Scan for interactive recipe

Serves: 4 Prep: 15 minutes

INGREDIENTS

- 2 tablespoons olive oil
- 3 tablespoons lime juice
- 1/2 garlic clove, minced •
- 1/4 teaspoon salt
- 5 cups watermelon, cubed
- 1 cup cucumber, diced
- 1/4 cup onion, thinly sliced •
- 1/3 cup crumbled feta cheese •
- 1/2 cup mint or basil leaves, chopped*
- 1 avocado, diced (optional)
- 1 jalapeno, diced (optional)
- Salt

DIRECTIONS

- 1. In a small bowl, whisk together the olive oil, lime juice, garlic and 1/4 teaspoon of salt to make the dressing.
- 2. Cut watermelon, cucumber, onion, and avocado and jalapeno if using. Add to a large bowl. Top with feta cheese and mint or basil.
- Drizzle dressing over salad. Mix gently 3. to combine. Serve.

*Substitutions

1/2 cup mint or —> 3 tablespoons dried

Calories 165 Total fat 10g Saturated Fat 3g Cholesterol 11mg Sodium 295mg Carbohydrates 18g Fiber 2g Sugars 13g Protein 4g

Recipe source: loveandlemons.com







