

Spicy Skillet Turnip Greens

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DEPOSITORY.

Serves: 6

Prep: 5 minutes | **Cook:** 20 minutes

INGREDIENTS

- 1 tablespoon olive oil
- 1 medium onion, sliced
- 1 pound turnip greens, chopped
- 1/4 cup water
- Pinch brown sugar
- 1/8 teaspoon red pepper flakes



DIRECTIONS

1. Add olive oil to a skillet over medium heat.
2. Add onion and cook until softened, about 3 minutes. Add 1/2 of the turnip greens. Allow to cook down and add the remainder of the greens.
3. Add water, brown sugar and red pepper flakes. Add more red pepper flakes if desired. Serve.

Nutrition Information

Serving Size: 1/6 of recipe

Total calories	52
Total fat	3 g
Saturated fat	0.4 g
Cholesterol	0 mg
Sodium	31 mg
Carbohydrates	7 g
Fiber	3 g
Sugar	2 g
Protein	1 g

Recipe source: addapinch.com