

Pico de Gallo



**GREATER
CHICAGO**
- FOOD -
DEPOSITORY.

Scan for interactive recipe

Serves: 4

Prep: 10 minutes

INGREDIENTS

- 2 tomatoes, diced
- 1/2 red onion, diced
- 1 jalapeno, seeded and diced*
- 1 clove garlic, minced
- 3 tablespoons fresh cilantro, minced
- 1/2 teaspoon kosher salt
- 1/4 teaspoon black pepper
- 1/2 lime, juiced

DIRECTIONS

1. Combine tomatoes, onion, jalapeno, garlic, cilantro, salt, pepper and lime juice in a small bowl and stir.
2. Transfer to an airtight container and store in the fridge up to 6 days.



Nutrition Information

Serving size: 1/2 cup

Calories	22
Total fat	0 g
Saturated fat	0 g
Cholesterol	0 mg
Sodium	295 mg
Carbohydrates	5 g
Fiber	1 g
Sugars	2 g
Protein	1 g

*Substitutions

Jalapenos → Hot sauce, to taste

Recipe source: Tasty